



HSE120

Occupational Health & Safety

Course Introduction:

This course is specially designed to offer an overview into occupational health and safety practices that can be applied to any business environment. Occupational health and safety (OH&S) involves identifying, assessing and managing risks in work environments. The participants of this course may come from any industry ranging from construction, manufacturing and health care and are looking to learn how they can support and promote healthier workplaces. Employers are now required to identify, evaluate and communicate information about workplace and environment conditions that may have negative effects on workers' health, productivity and the environment and they need health and safety practitioners, supervisors, managers, and leaders who are equipped with the knowledge and skills necessary to plan and implement strategies intended to control and manage potential workplace hazards.

Course Objectives:

Upon successful completion of this course, the delegates will be able to:

- Acquire knowledge on occupational health and safety management in the workplace
- Implement the hazards and control in the workplace such as the movement of the people, vehicles, working equipment, fire hazards, chemical and biological health hazards and control, physical and psychological health hazards and control and other construction activities
- Carryout a practical application of the legislative health and safety procedure

Who Should Attend?

This course is intended for all health and safety professionals and those who are involved in or responsible for the management of health and safety within an organization.

Course Outline:

Day 1:

Pre-Test

Management of International Health and Safety

- Health and Safety Foundations
- Setting Policy for Health and Safety
- Organizing for Health and Safety

- Promoting a Positive Health and Safety Culture

Day 2:

Management of International Health and Safety (cont'd)

- Risk Assessment
- Principles of Control
- Monitoring, Review and Audit
- Occupational Incident Investigation, Recording and Reporting

Day 3:

Control of International Workplace Hazards

- Movement of People and Vehicles – Hazards and Control
- Manual and Mechanical Handling – Hazards and Control
- Working Equipment – Hazards and Control
- Electrical Hazards and Control

Day 4:

Control of International Workplace Hazards (cont'd)

- Fire Hazards
- Chemical and Biological Health Hazards and Control
- Physical and Psychological Health Hazards and Control
- Construction Activities – Hazards and Control

Day 5:

International Health and Safety Practical Application

The completion of a health & safety assessment of a work place and report to management

Post Test

Course Certificate

International Center for Training & Development (ICTD) will award an internationally recognized certificate(s) for each delegate on completion of training.

Course Methodology:

A variety of methodologies will be used during the course that includes:

- (30%) Based on Case Studies
- (30%) Techniques
- (30%) Role Play
- (10%) Concepts
- Pre-test and Post-test
- Variety of Learning Methods
- Lectures
- Case Studies and Self Questionnaires
- Group Work
- Discussion
- Presentation

Course Fees:

To be advised as per the course location. This rate includes participant's manual, and-Outs, buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Course Timings:

Daily Course Timings:

08:00 - 08:20	Morning Coffee / Tea
08:20 - 10:00	First Session
10:00 - 10:20	Coffee / Tea / Snacks
10:20 - 12:20	Second Session
12:20 - 13:30	Lunch Break & Prayer Break
13:30 - 15:00	Last Session