



HSE102

Personal Protective Equipment

Course Introduction:

This course covers types, selection, maintenance, and care of personal protective equipment in the workplace. The types of personal protective equipment (PPE) covered in the course includes hard hat, respiratory protection, hearing protection, and body protection. The content in this course is designed to comply with the intent of the applicable regulatory requirements. Using the proper personal protective equipment (PPE), will help to ensure that employees remain safe when working around the many hazards a workplace can have. It is critical that workers have a working knowledge of the various types of personal protective equipment and how to use each type properly. To reduce the possibility of failure, PPE must also be maintained and stored properly.

This interactive Personal Protective Equipment Safety Course will train on all of these aspects of using PPE safely in the workplace, per OSHA's 29 CFR 1910.132 Subpart I standard.

Course Objectives:

Upon successful completion of this course, the delegates will be able to:

- Describe the proper use of the various types of PPE commonly found in general industry
- Identify the level of protection that a user is provided when wearing specific types of PPE
- Discuss the general maintenance and care techniques used for various types of PPE

Who Should Attend?

This course is intended for engineers, doctors, construction workers, lab technicians, firefighters, electricians and welders or those who may need to wear equipment designed to protect the worker.

Course Outline:

Day 1:

- Introduction to PPE
- PPE Responsibilities
- Head Protection

Day 2:

- Eye and Face Protection
- Respiratory & Chemical Protection

Day 3:

- Selection & Proper Use
- Maintenance & Storage

Day 4:

- Chemical & Electrical Protection
- Hand & Body Protection

Day 5:

- Foot & Crushing Protection
- Other Kinds of PPE

Course Certificate:

International Center for Training & Development (ICTD) will award an internationally recognized certificate(s) for each delegate on completion of training.

Course Methodology:

A variety of methodologies will be used during the course that includes:

- (30%) Based on Case Studies
- (30%) Techniques
- (30%) Role Play
- (10%) Concepts
- Pre-test and Post-test
- Variety of Learning Methods
- Lectures
- Case Studies and Self Questionnaires
- Group Work
- Discussion
- Presentation

Course Fees:

To be advised as per the course location. This rate includes participant's manual, and-Outs, buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Course Timings:

Daily Course Timings:

08:00 - 08:20	Morning Coffee / Tea
08:20 - 10:00	First Session
10:00 - 10:20	Coffee / Tea / Snacks
10:20 - 12:20	Second Session
12:20 - 13:30	Lunch Break & Prayer Break
13:30 - 15:00	Last Session

